

Hearts & Hooves



Winter 2009-2010

Upcoming Events:

Winter	<i>Gift of Love Campaign</i>
November & December	Farmers Market Every Thursday 4 – 8pm At Salisbury Greenhouse
January 17	Community Walk for Horses – Weather Dependent
Jan 20	Farm Night & Horse Baths
Jan 23 & 24	Edmonton Pet Expo
TBA	Pennies for Ponies

Straight from the Horses' Mouth!

Greeting:

My goodness the horses have fluffed right up and are enjoying a well deserved rest. This spring and summer the horses did over 30 visits a month to seniors care centres, special needs groups, and hospitals.

Winter brings a time of rest and a shift of focus for all of us to start planning for the spring and summer visits, as well as the many hours put in by volunteers to write grants, plan fundraisers, and work together to help keep the program and horses thriving.

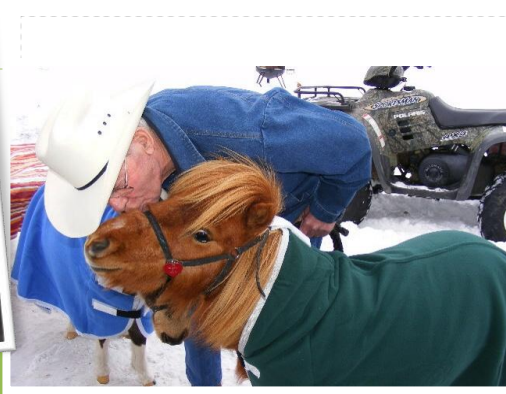


Hearts & Hooves Important Upcoming Event

Hearts and Hooves will be hosting our first Silent Auction Night. This will be taking place in March at Average Joes in Sherwood Park. This will be an adults only event as the establishment does serve alcohol. Planning has been taking place the last couple months and more will happen in the new year.

We really need this to be a success to assist with our programs throughout the year. If you have access to silent auction items we would be indebted with your help with this. Please call or email us!

We will also be looking for support from all our volunteers, funding supporters, and all your friends! Look for more information in the New Year and if you have ideas or can help in any way...please contact us!



Give the gift of LOVE this Christmas

This Christmas share with the Hearts & Hooves' horses in their mission to bring magic in the form of smiles and special moments by giving a gift that continues to give.

Donating \$50 would keep one of the Hearts & Hooves horses warm for the winter by providing a warm winter blanket and/or provide bedding for their stall.

For every \$50 Christmas Donation 1 handmade ornaments and a handmade card will be given to pass on to the individual on whose behalf the donation was made.

aps you'd like to extend your gift of love by enabling the Hearts & Hooves horses to share some much needed love and laughter by donating \$350 to sponsor a visit to a local seniors center, or hospital in our community.

In appreciation and thanks to those who sponsor a visit we have 2 handmade ornaments, 2 handmade Christmas Cards and a plush Hearts & Hooves mini horses. We would also invite those who sponsor a visit to join us on our visit.

Tax receipts available for all donations

What a wonderful way to give of yourself, in the true essence of the Winter Spirit.

Pennies for Ponies

We are looking for a partnership between an individual, a family, or a business and Hearts & Hooves.

We are also partnering with New Horizon School's Youth Volunteer program and Hearts & Hooves to help 'Simon'.

Our partnership is specifically aimed to help aide one of our mini therapy horses who requires specialized care. 'Simon' is a dwarf mini who suffers from many health concerns and abnormalities associated with being a dwarf. Our goal is to provide him the best care possible.

The youth learn about what Hearts & Hooves' does, about 'Simon'. The students chose how they wish to help us reach our goal, and we will work together to see it become a reality. We feel it is important that the students have the opportunity to see 'Simon' helping others and the youth will be join us on a visit in our community.





Horse Rescue & Adoption

Hearts & Hooves helps miniature horses through means of rescue, ongoing care, advocacy and adoption.

Mini up for Adoption

We have adopted out six geldings to forever homes.

Our horses all come with their vet health certificate, updated shots as well as their feet done. Adoption fees vary.

Cheeco



Is three years old and was born here at Hearts & Hooves. We hand raised Cheeco after his mom had to be put to sleep from untreatable damage caused to her by abuses she faced before joining us here. Cheeco is a pet, he loves everyone.



Cheeco and his Mom Honey

Sponsor a Horse!

Horse sponsorship provides donors a means to contribute funds directly associated to equine expenses.

By supporting the basic needs of our special horses, Hearts & Hooves is able visit tens of thousands of children and adults who have experienced emotional or physical abuse, severe illness, and all forms of disabilities in hospitals, care centers, and special schools.

Select your donation item below and give a horse a second chance!

- 5 bales of hay - \$25
- Vet shots - \$50
- Teeth and Hoof Care - \$75
- Winter Blanket - \$100

Friends of Hearts & Hooves

Without our generous sponsors and friends, H & H would not be able to visit the tens of thousands of adults and children each year.

Thanks from the bottom of our hooves:

Westwind Veterinary Hospital, Salisbury Greenhouse, The Dahl's, The Information and Volunteer Centre, Sobey's Sherwood Park, Save-On Foods Sherwood Park, The Malla's Family.

We are also so appreciative and pleased to receive support from *The County Clothes-Line Foundation* who granted us funds to cover the cost of our heat for the barn and cover some promotional costs for 2009.

January & February Pet Expos... a fun volunteer experience!

Pet Expo in Edmonton

January 23 & 24

Edmonton Expo Centre – Hall B

Hearts and Hooves will once again have a booth and some of the minis attending the Pet Expo. This is a great event for showcasing our organization and the great work that takes place at Hearts and Hooves.

The Expo is 2 entire days and we will need many volunteers!

Volunteers will help get the horses ready for the Expo by washing and cleaning them and then getting them to the Expo. Once we are at the event we will have set up of the booths and areas for the horses. Then it will be about making sure the horses are looked after over the 2 days, manning the booth and talking to people, answering questions and anything else that comes up over these 2 days.

It is an interesting event and you will get to see many many animals and learn about other rescue organizations that do great work in our community. The more volunteers we have the easier it will be on everyone.

So Plan To Help Out...Mark It On Your Calendar...And Let Michelle Know When You Are Available!



Pet Expo in Red Deer

February 13 & 14

Westerner Park – Agricentre West

The second Pet Expo will be taking place in Red Deer on February 13 and 14 and Hearts & Hooves is going again this year. This is a fun volunteer experience and we also need many volunteers for this event.

This event is one of the very few “overnight away” activities or events we are part of. We stay overnight in a hotel (usually one with a pool) and it becomes a fun but busy weekend of activities. Everyone shares hotel rooms to keep costs down. Youth will have their own room. Youth are welcome to come with their parents’ permission and parents are welcome to come as well.

(Note: All the hotel and food costs are to be covered by each volunteer.)

The Pet Expo in Red Deer is similar to the Edmonton event so many of the activities are similar. The horses have to be cared for, the event has to be set up and manned and questions and information has to be given out to interested attendees.

Transportation is one area where adult volunteers can help out, and the Hearts and Hooves truck filled with mini horses and volunteers (kids and adults) makes it way to Red Deer.

So Think About It...Talk To Your Parents If You Are A Youth...Put It On Your Calendar...Get Details From Michelle...Book In For This Fun Adventure!

Volunteering at Hearts and Hooves



Our next Volunteer Meet & Greet will be in early March. If you are interested in attending then please email us and we will put you on our notification list for when we set a date.

Email us at:

volunteer.heartsandhooves@yahoo.ca

Volunteer Activities

Mini Horse Bath Nights

Farm Chores

Special Events

Horse Handlers

Fund Raising

Mini Horse Walks

Adults and Youth 13 and over are welcome to volunteer!

Level 1 Equine Therapy Workshops

Hearts & Hooves Canada's Level I Workshop is the exploration, methodology, hands on learning, training, and mentorship developed to guide others in establishing their own like minded Mini Equine Program.

Hearts & Hooves *(EGA) Equine Guided Activities and *(EATP) Equine Assisted Therapy Programs provide the foundations for our theories and practice of meaningful visits to Hospitals, Seniors Homes, and Special Needs Schools working with Miniature Horses.

We encourage individuals to build a program that suits their community's needs, their individual strengths, while allowing their mini horses to be their guide.

This tuition-based workshop is intensive and interactive and is over 4 days. We will give participants direction in how to team up with other professionals to complement existing therapy programs utilizing our Equine Assisted Therapy Programs (EATP). We will emphasize the need for proper care, advocating for and respecting miniature horses. We will look at how to work with clients requesting equine programs, how best to operate your individual programs, and much, much more!

To find additional information and for the next workshop dates check out the website at www.heartsandhoovescanada.org or email hearts_and_hooves@yahoo.ca.



Hearts and Hooves Special Project

This past November, Hearts and Hooves partnered with the Day Program at Capital Care Strathcona with assistance from the Information and Volunteer Centre for the second year of a special project.

Day Program clients decorated and made Christmas ornaments and items for their joint Tree Entry for the 2nd Festival of Trees in Strathcona County. The ornaments were beautiful and the day program clients had a great time making and creating the ornaments.

It gave them interesting activities to do in November and assisted Hearts and Hooves in preparing the Tree for the Festival. Many of the day program clients were able to attend the Festival and see their work at the Festival of Trees.

It was an overall success for all the clients and organizations involved.

Hearts and Hooves Contact Information

Hearts and Hooves welcomes your comments, ideas for fundraising, volunteering inquiries, mini horse adoption inquiries, Equine Training requests, Funding Offers, and any suggestions you may have.

To Contact Us

By Mail

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By Email

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By Phone

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Hearts and Hooves received funding from the County Clothes-line Foundation this Fall 2009 to have heat in the barn over the winter. Our sincere thank you to this foundation that

